



SUPPORTING BAME COMMUNITIES IN KING'S CROSS

BAME Community Programme at KCBNA September - December 2023

Day	Activities	Time	Venue
Monday	General advice session (Ifrah, Sofina)	10am – 12pm	Sofina working home
	Sewing Class (Ifrah)	10am – 12.30	(Contact Ifrah)
	Exercise Class	12.30 – 1.30pm	(Sofina)
	Chai & Chat With Sofina (WhatsApp)	11am-12pm	(Sofina)
	Contacting User Members/Responding back to members	2.30pm – 4pm	
Tuesday	General advice session (Ifrah working from home)	10am – 12pm	Chadswell Centre
	Face to Face with appointment (Sofina)		Sofina/Taslima
	ESOL & Employment Class	9.30am –12pm	
	Exercise Class for Women 18+	10.00am – 11	
	Exercise Class for Women 50+	11am-12pm	
	ESOL Entry Level 1	2pm-4pm	
	NHS Home Sight Eye Testing 4 th Oct 25 th Oct	10am – 3pm	
	Welfare Advise Service (Mahfoozur) Appointment	2pm – 4pm	
	WARM SPACE PROJECT (SOFINA)	3PM – 5PM	
Wednesday	General Advice Session	10.30am-12pm	Chadswell Centre
	Face to Face with appointment	10am – 12pm	Sofina/Taslima
	Basic Maths Class	10am – 12pm	Chadswell Centre
	Basic Food Parcels Available (depending on need)		
	BAME Lunch Club Eat In needs to be booked/ Take away Service	1.30 - 3pm	Chadswell Centre
	WARM SPACE PROJECT (SOFINA)	3PM – 5PM	Chadswell Centre Sofina/Taslima
Thursday	General Advise Session (Ifrah)	10am – 1pm	Sofina Working from home
	Weaving Class (Ifrah)	10.00 - 12.00	
	Felix Food Project (Ifrah)	1pm – 3pm	(Ifrah) Chadswell

Friday	Contacting User Members/Responding back to members Free Healing Session (Judith) Chinese Lunch Club (contact Judith) Traditional Chinese dress catwalk (Judith) Floral Design Workshop (Judith)	10am - 1pm 11.30am -2pm 12:30pm -2pm 1.30pm-3pm 2.30pm	Sofina working home Neighbourhood Centre Chadswell centre Chadswell Centre Marchmont Centre
--------	--	---	--

Chadswell Healthy living Centre, Harrison Street, WC1H 8JE 0207 713 5545