



SUPPORTING BAME COMMUNITIES IN KING'S CROSS

BAME community Programme at KCBNA January - March 2024

Day	Activities	Time	Venue
Monday	General advice session (Ifrah, Sofina) Sewing Class (Ifrah) Advice session Chai & Chat With Sofina (WhatsApp) Contacting User Members/Responding back to members	10am – 12pm 10am – 12.30 10.00am-4pm 11am-12pm 2.30pm – 4pm	Sofina working home (Contact Ifrah) Ifrah (Sofina) (Sofina)
Tuesday	General advice session (Ifrah working from home) Face to Face with appointment (Sofina) ESOL & Employment Class Exercise Class for Women 18+ Exercise Class for Women 50+ ESOL Entry Level 1 NHS Home Sight Eye Testing 30 th Jan Welfare Advise Service (Mahfoozur) Appointment WARM SPACE PROJECT (SOFINA)	10am – 1.30pm 9.30am –12pm 10.00am – 11 11am-12pm 2pm-4pm 12pm – 5pm 2pm – 4pm 3PM – 5PM	Chadswell Centre Sofina/ Taslima
Wednesday	General Advice Session Face to Face with appointment Basic Food Parcels Available (depending on need) BAME Lunch Club Eat In needs to be booked/ Take away Service WARM SPACE PROJECT (SOFINA)	10.30am-12pm 10am – 12pm 1.30 - 3pm 3PM – 5PM	Chadswell Centre Sofina/ Taslima Chadswell Centre Chadswell Centre Chadswell Centre Sofina/Taslima
Thursday	General Advise Session (Ifrah) Maths Class Exercise class Healthy cooking class Felix Food Project (Ifrah)	10am – 1pm 10.00am – 11.00 11.00-11.45 11.45-1.30pm 2pm-4pm	Sofina Working Home (Ifrah) Chadswell Ifrah Ifrah Ifrah
Friday	Contacting User Members/Responding back to members Free Healing Session (Judith) Chinese Lunch Club (contact Judith) Traditional Chinese dancing (Judith)	10am - 1pm 11.30am -2:30pm 12:30pm -2pm 2pm-5pm	Sofina working home Neighbourhood centre Chadswell centre Chadswell Centre

**Chadswell Healthy living Centre, Harrison Street, WC1H 8JE 0207 713 5545 /
Judith contact's number 0207 2785635, Marchmont Centre**